

SRM

Технические характеристики

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SRM SPORT REHAB MODEL

The ideas for the Rehab VersaClimber are the results of working closely with clinicians, sports trainers, health care practitioners, therapists, the disabled and others who have a special interest in improved rehabilitation therapy.

The SRM Rehab Model VersaClimber is a total body, closed chain, rehabilitation exercise machine. It utilizes one of the most natural and intensity selective muscular activities to which the body can be subjected. The SRM is fully adjustable to fit the height, weight and length of all types of athletes and patients. Total body vertical climbing exercise and rehabilitation routines have been developed to provide a continuous arm and leg action in a seated or standing position, using a wide selection of stroke lengths, stroke rates, and resistance levels. Using the adjustable seat mount, VersaClimber allows patient to progress from non to partial to full weight bearing, full body exercise. SRM comes standard with Contra-Lateral Movement Pattern climb pattern.

Seated Leg/Arm Exercise

Seat Provides sit down exercise routine—push and pull with the arms, legs, or arms and legs combined.

Non to Partial to Full Weight Bearing

The users partial or full weight can be supported by the seat while pedaling. Seated Leg Isolator Pegs and straps safely and comfortably isolate one or both legs. Click the link below to learn more about Rehab applications on the SRM

Limit Range of Motion

Orthopedic travel stops are used to limit the range of motion of injured limb.
Isolate One or Both Arms

Running Hand Grips Grips

Two different sets of handles (running and straight) are included with the Sports Rehab Model VersaClimber. They are used primarily for upper extremity work. A push pull motion promotes the efficient use of flexors and extensors of the arms. Running Hand Grips Allow Movement In Radial And Ulnar Deviation. Patients who have difficulty with pronation and supination can grasp the neutral hand grips with less discomfort. Hand movement is limited to radial and ulnar deviation.

The Standard Straight Hand Grips

The Standard Straight Hand Grips Provide a variety of hand positions which accommodate exercises for the arms, shoulders, chest and back. The patient can actively push or pull with one or both arms as well as move one or both arms passively in a controlled range of motion. One or both arms can be totally immobilized when required. Both styles of handgrips, standard and running, are

vertically adjustable and can be used in the seated or standing positions.

Heart Rate Monitoring Mode

Heart rate can be easily monitored by using two methods. Patients can use their personal Polar (or other compatible) watch or chest strap to transmit their heart rate signal to the monitor. Target heart rate is then programmed into the computer and the work intensity is determined based on the user's heart rate. Work intensity, adjusted at 30 second intervals, provides for a prudent warm up and a controlled workout, in the proper heart rate training zone for Phase II and Phase III cardiac rehabilitation therapy. Patients capable of generating two or more METS can start in the seated position, then progress through the higher energy requirements of stepping and total body climbing.

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, or cure any disease. Benefits listed are based on research that may or may not be independent of Heart Rate Inc. products.



Height	7'10" Assembled
Weight	165lbs
Base Size	43" wide x 50" long
Structure	Steel, Individually hand welded for superior quality.
Max User Weight	350 lbs.
Total Body Workout	Yes
Conta-Lateral Movement Pattern	Yes
Variable Tension Control	0-500 lbs.
Step Height	1-20 Inches
Arm Travel	1-20 Inches
Module Display	Voice Feedback, instructional voice guidance.
Digital Programs	6 Opponents (Race), 6 Structures (Distance)
Heart Rate Monitoring	Yes
Maximum Speed	350 Vertical Feet Per Minute
Climbing Angle	75 Degrees
Grip/Pedal Adjustment	Yes, 3 settings for upper body / handles.
Power Requirement	110 Volt / AC power supply only.
Warranty	3 year limited, 3 year frame warranty 2 year rollers, chains, sprockets and slides 1 Year display electronics 1 Year Parts/Labor
Lower Limb Isolator	Yes. Easily and safely post injured leg, keeping it secured and out of way of stepping motion.
Adjustable Seat	Yes
Range of Motion Limiters	Yes
Bluetooth	Yes
Running Hand Grips	Yes

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